



Republic of the Philippines
Department of Education
REGION VII - CENTRAL VISAYAS
SCHOOLS DIVISION OF NEGROS ORIENTAL

Office of the Schools Division Superintendent

03 FEB 2021

DIVISION MEMORANDUM

No. 66 s. 2021

NATIONAL DENTAL HEALTH MONTH

TO : **Assistant Schools Division Superintendents**
CID and SGOD Chiefs
Public Schools District Supervisors / Districts-In-Charge
District MAPEH Coordinators
School Heads
All Others Concerned

1. Attached are the correspondence and advocacy materials from **Dr. Mercedes Monique N. Merced**, *President of the Philippine Dental Association in Negros Oriental* encouraging us to celebrate with them the said observance.
2. In connection with this, all school heads through the leadership of the Public Schools District Supervisors are urged to incorporate the said enclosures of vital information relative to Dental Health as supplementary learning materials most especially in MAPEH Subject as basic knowledge in Health so as to further intensify dental health awareness among our learners not only every February but all throughout the year.
3. For profound details, please refer to the attachments.
4. Immediate and widest dissemination of this **MEMORANDUM** is desired.

Manila

SENEN PRISCILLO P. PAULIN, CESO V
Schools Division Superintendent
Office of the Schools Division Superintendent
2/2/2021

JS
SPP/APA-FCL/NLR/CID/FCL/jcc
February 2, 2021

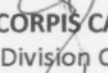


Address: Kagawasan Avenue, Capitol Area, Daro, Dumaguete City
Telephone Nos.: (035)225-2838 / 225-2376 / 422-7644
Email Address: negros.oriental@deped.gov.ph

Action Steps as response to Dr. Merced's request

1. A Division Memo is issued effective today.
2. As a way if integrating their advocacy, the memo encourages all schools to make the advocacy materials as Supplementary Learning Materials in Health for MAPEH subject.
3. We may create a group of writers who can craft as brochure or leaflet as one of the learning materials in Health for MAPEH Subject.

Prepared by:


JENITH CORPIS CABAJON
MAPEH Division Coordinator

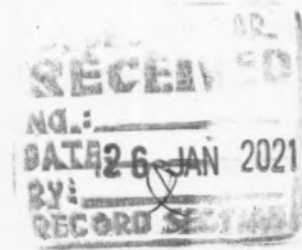


**PHILIPPINE DENTAL ASSOCIATION
NEGROS ORIENTAL CHAPTER**
UNITE TO TRANSCEND.



January 26, 2020

SENEN P. PAULIN, CESO V
DEPARTMENT OF EDUCATION REGION VII
SCHOOLS DIVISION OF NEGROS ORIENTAL



Dear Mr. Senen,

On behalf of our mother association, the PDA Negros Oriental Chapter would like to extend its sincerest gratitude for all the incessant support the community has given to all its programs, projects and activities. Without all of your support, our mission and vision as an organization will not be realized.

Oral Health Disease continues to be a serious Public Health problem in the Philippines. **Statistics show that 92.4% of Filipinos suffer from tooth decay while 78% of Filipinos suffer from gum disease.** This is mainly caused by poor oral hygiene and poor oral health education. We believe that building healthy habits is key in preventing oral diseases.

National Dental Health Month is fast approaching. With this, Philippine Dental Association-Negros Oriental Chapter will be promoting Oral Health as part of our over all health and wellness to the entire province from Basay to Canlaon and Siquijor. This will be done by giving out toothbrushes alongside pages of oral healthcare education materials to be included in their modules. Recipients of this project will be children ages 6-7 years old (grade 1) on chosen Public Schools. This project will not only provide oral care products to the children but will also educate them on the importance of our oral health. With this, **the PDA-Negros Oriental Chapter would like to collaborate with you on this matter as this will be a great avenue for us to educate the young on the importance of oral hygiene habits. We would like to ask your permission to include these pages in the children's modules.**

We hope for a positive response and collaboration with your office to give the children the awareness and the education they need despite this unprecedented crisis. Let's unite and help one other to overcome this Pandemic,

For more information, you can contact us at 09159950930.

God Bless and stay safe!

Respectfully yours,

DR. MERCEDES MONIQUE N. MERCED
PRESIDENT
PHILIPPINE DENTAL ASSOCIATION-NEGROS ORIENTAL



PDA HISO Health Promotion
HATID IMPORMASYON: SULIRANING ORAL



ALAMIN



ALAMIN na ang tamang flouride content ng toothpaste: 1000ppm hanggang 1500 ppm.



ALAMIN ang tamang dami ng toothpaste sa sipilyo: ga-butil na bigas (under 3 yrs old), singlaki ng munggo (3-6yrs old), gaya ng pulang buto ng sitaw (6yrs old above).



ALAMIN ang tamang paraan ng pagsisipilyo: pataas, pababa, parito at paikot-ikot sa lahat ng bahagi ng ngipin pati dila.

SANAYIN

SANAYIN ang hindi pagmumog ng tubig kapag nagsisipilyo, dumura lamang.



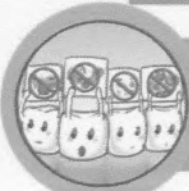
SANAYIN ang pagsipilyo sa araw at gabi, lalo na bago matulog sa gabi.



SANAYIN ang pagsipilyo sa loob ng dalawang minuto.



UGALIIN



UGALIIN ang pag-iwas sa matatamis na pagkain at inumin.



UGALIIN ang pagkunsulta sa dentista kada anim na buwan.

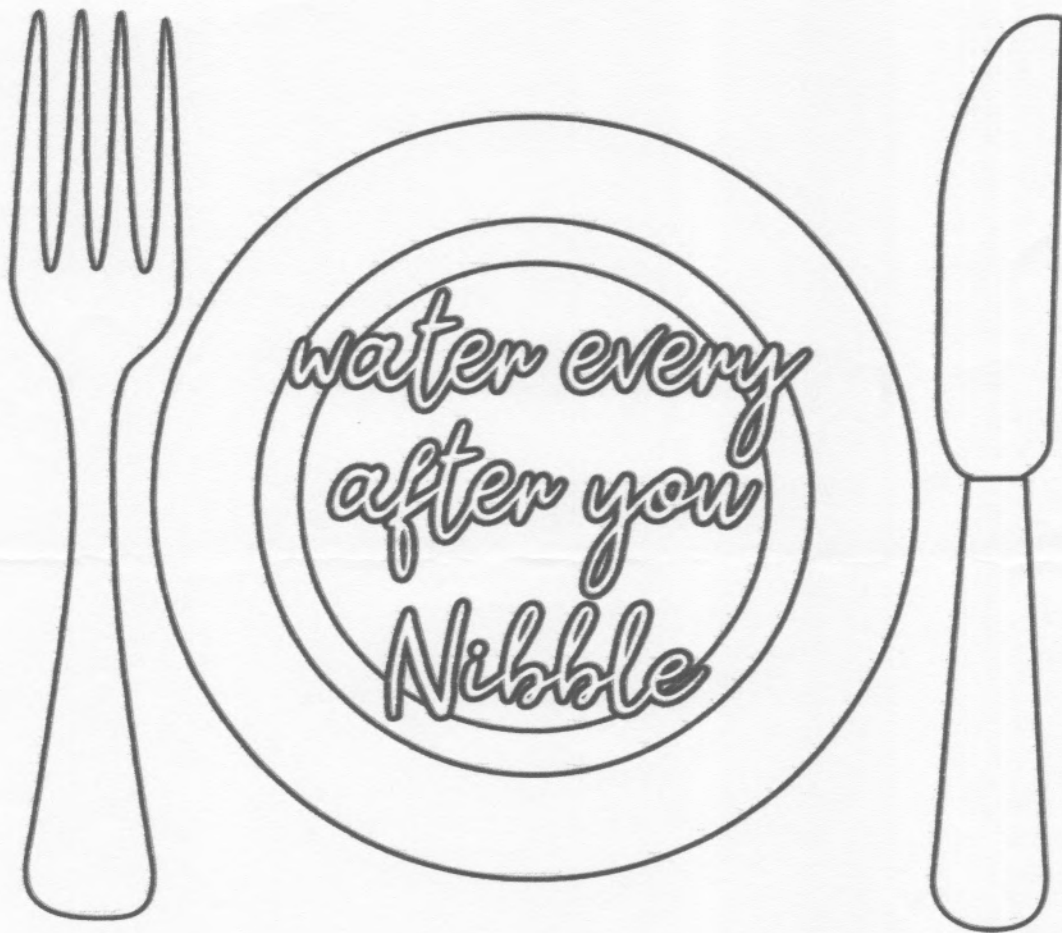


UGALIIN ang pagkain ng masustansyang pagkain at uminom ng 8-10 baso ng tubig araw-araw.



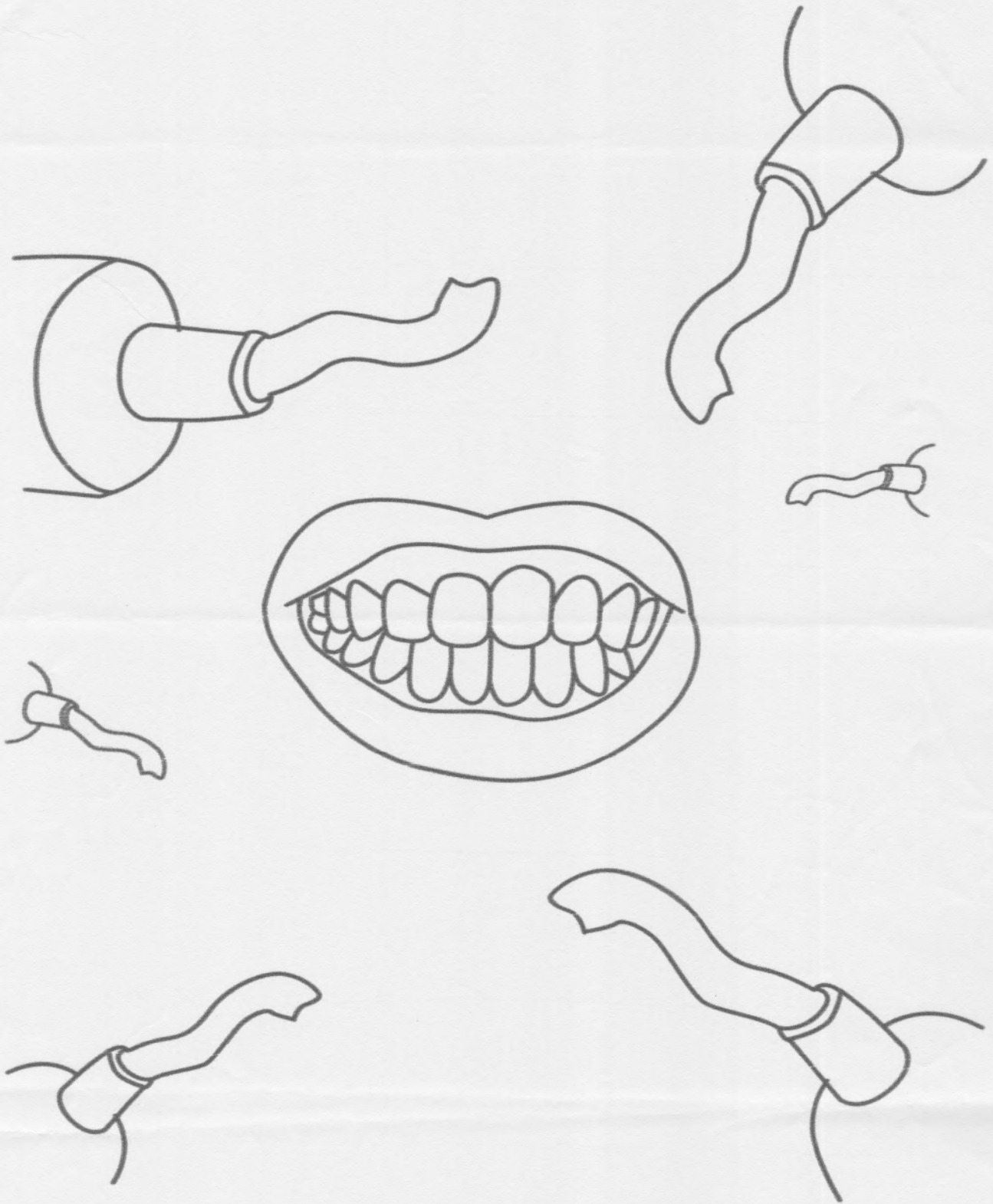
Isang paalala mula sa Philippine Dental Association at Department of Health ngayong 17th National Dental Health Month

**PROMOTING THE START OF GOOD
HYDRATION HABITS AT HOME.**



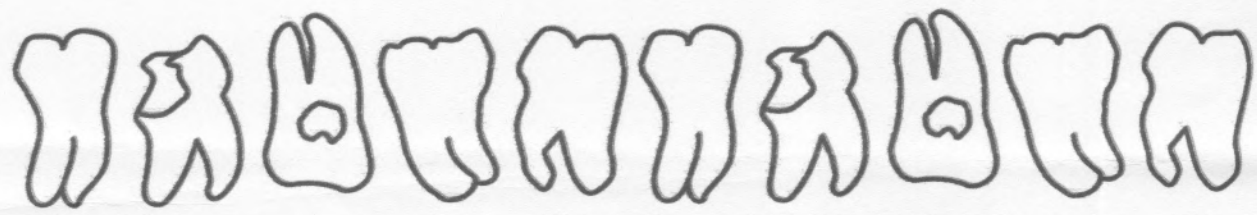
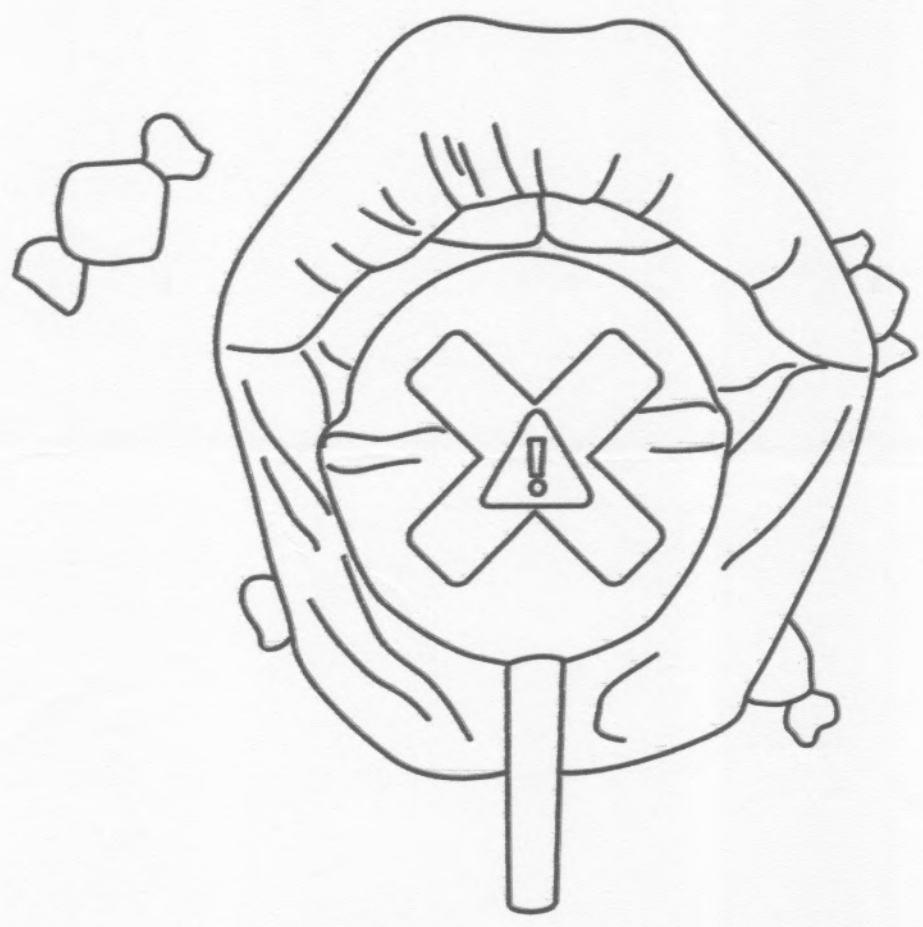
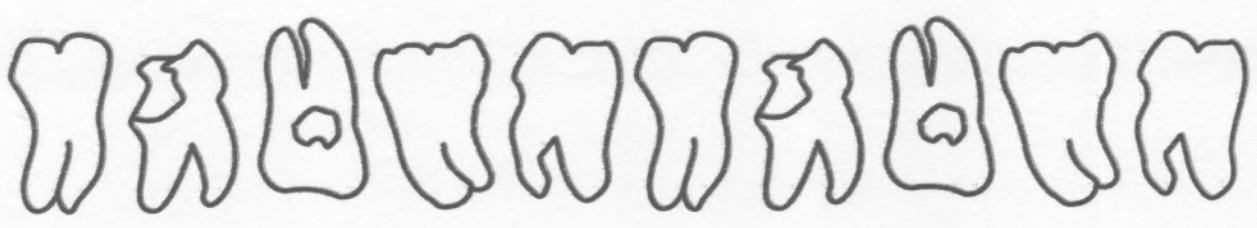
**"IPIN ALAGAAN, BULOK AY IWASAN:
UGALIING TUBIG ANG NASA
HAPAG KAINAN."**

3. PROMOTING PREVENTIVE DENTISTRY FOR HIGH CARIES RISK PATIENTS



**"FLOURIDE A DAY DELAYS THE PROCESS
OF TOOTH DECAY."**

**REINFORCING PHILIPPINE DENTAL
ASSOCIATION'S ADVOCACY**



**"SUGAR AWAY WALANG
TOOTH DECAY."**

6. REINFORCING PHILIPPINE DENTAL ASSOCIATION'S ADVOCACY



"TOOTH DECAY HINDI OKAY."

UGALIIN BUMISITA SA PROPESYONAL AT LISENSYADONG DENTISTA

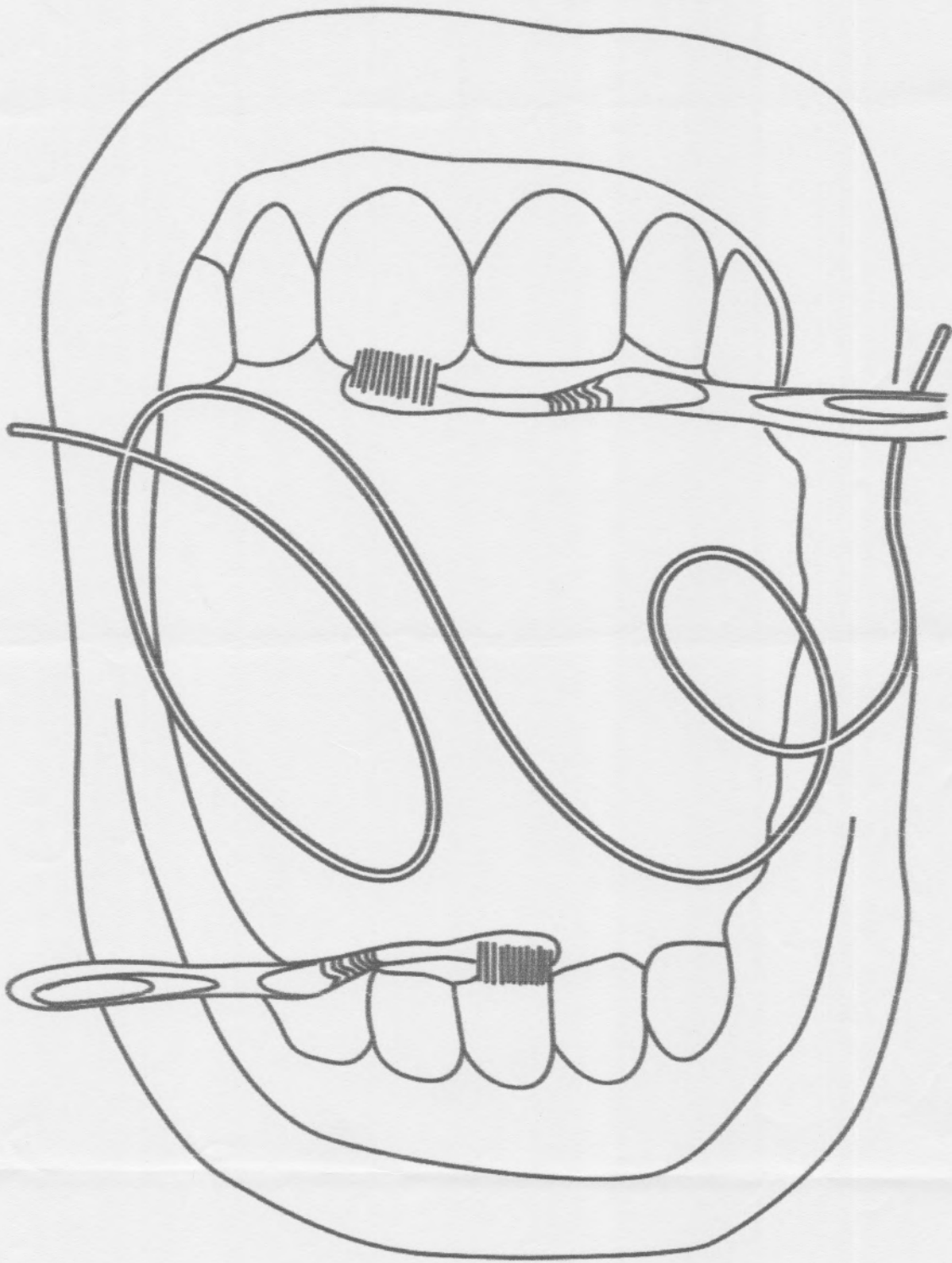
ISUMBONG ANG MGA
PEKENG DENTISTA

IBA ANG DENTISTA SA
DENTAL TECHNICIAN



REPUBLIC ACT 9484
500,000PHP PENALTY
PAGKAKAKULONG NG 5 YEARS

**5. PROMOTING GOOD DAILY ORAL
HYGIENE HABITS.**



**"BRUSH AT FLOSS PARA I WAS
TOOTH LOSS."**