



Republic of the Philippines  
**Department of Education**  
REGION VII – CENTRAL VISAYAS  
SCHOOLS DIVISION OF NEGROS ORIENTAL

**Office of the Schools Division Superintendent**

DIVISION MEMORANDUM

No. **823**, s. 2021

14 OCT 2021

**SATURDAY SERIES OF LEARNING: WORLD FOOD DAY**

To: Assistant Schools Division Superintendents  
Chief, CID and SGOD  
Senior Education Program Specialists/ Education Program Specialists II  
Public Schools District Supervisors/Districts-In-Charge  
Public Elementary and Secondary School Heads  
District and School Information Coordinators  
All Others Concerned

1. Attached is a communication from Best Buddies Philippines inviting everyone to join its #BBPSaturday Series of Learning: World Food Day this Saturday, October 16, 2021. The theme of the activity is **“Grow, nourish, sustain. Together. Our actions are our future”**.
2. All interested participants may register through this link:  
<https://forms.gle/1VqNy5x33yU1h7eP9>.
3. Refer to the attached communication for details.
4. For information and dissemination.

**SENEN PRISCILLO P. PAULIN, CESO V**  
Schools Division Superintendent

SPP/JMA-MKP-NLB/SGOD/RBP/kpanton  
October 14, 2021



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## #BBPSaturdaySeries of Learning: World Food Day

1 message

**Best Buddies Philippines** <bestbuddiesmanila@gmail.com>

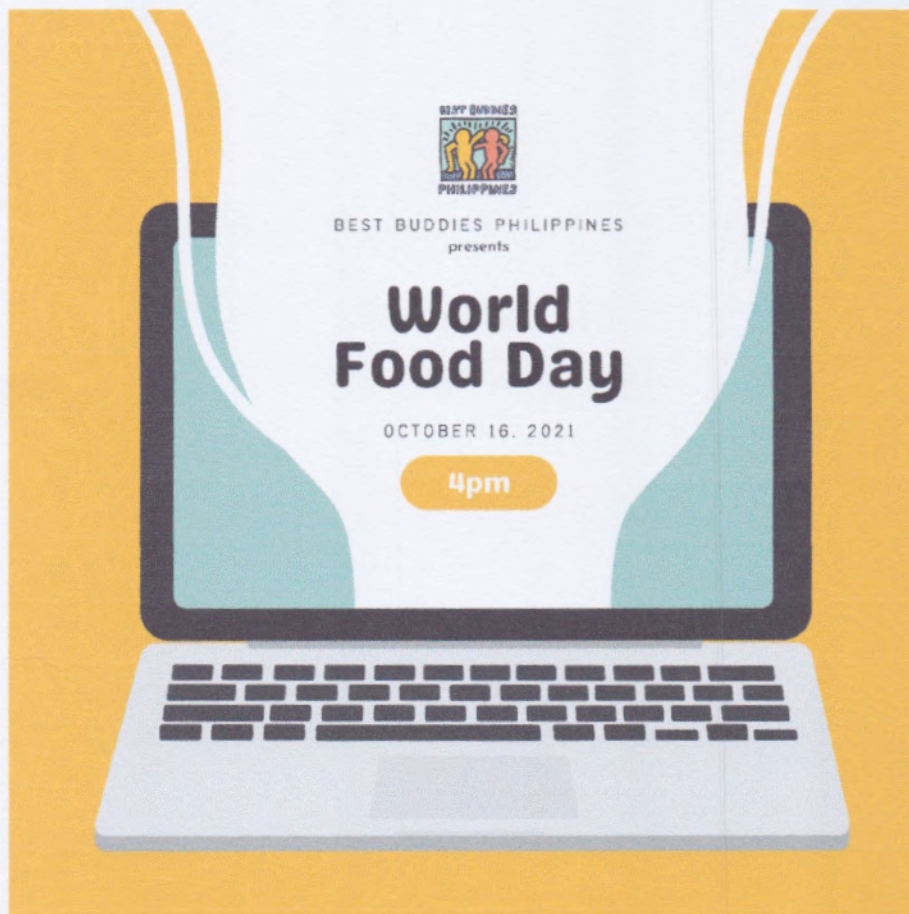
Mon, Oct 11, 2021 at 5:23 PM

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Good Day!

For this week's #BBPSaturdaySeries of Learning we will be chatting about [World Food Day](#), and how we can make better decisions with what we eat and how we recycle our food to make sure there is #zerowaste.



Register Here: <https://forms.gle/1VqNy5x33yU1h7eP9>

This year's #WorldFoodDay marks the 75th Anniversary of the founding of FAO, with a view to looking towards the future we need to build together and the theme "**Grow, nourish, sustain. Together. Our actions are our future.**"

### Please Prepare the following **INGREDIENTS** at HOME:

#### For the #ZeroWaste Fried Rice:

- 4c Cooked Cold (day old) Rice
- 1 red onion diced
- 3 cloves minced garlic
- 1 Green Sili
- 2 eggs
- 3 Tbsp sesame oil

- 3 Tbsp cooking oil
- Leftover protein/viande (like adobo, tapa, tocino, or bisteak tagalog)
- Leftover veggies (like corn, carrots, peas, or green beans)

**In addition to these food ingredients, please also prepare:**

- Frying Pan
- Pot holder
- Spatula/Wooden Spoon
- Dish towel to clean up messes
- Serving bowl for Fried Rice

See you on Saturday!

Team BBP

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